

Name of Course	Duration/Format	Max. participants.	Next course offered.	Pre-requisites
1) LS From <i>Bhava</i> to <i>Rasa</i>: Emotions in Natyasastra in relation to Brain research	5x90min Online	20 per course	3rd-31st October, 2021	Open to all interested.
2) Movement expressive: Natya gestures in relation to LMA/BF and fascia principles	5x90min Hybrid	8 per course	2nd-30th Nov., 2021	Advanced knowledge in classical Indian dance forms. Completion of Course 1 above.
3) <i>Cosmic Body</i> Concepts	3x150min Hybrid	8 per course	11th-12th Dec., 2021	Open to all interested.
4) Practical application - <i>Sensing and Shaping</i> a narrative	3x120min + 1 x 90min (presentation) Hybrid	12 per course	6th - 27th Feb. 2022	Successful completion of courses 1-3 above.