

Title of Program: <i>Bharata-to-Bartenieff</i> Dance&Movement Studies Diploma Programme									
Researched and developed by: Dr. Rajyashree Ramesh									
Format: Modular programme.									
Target groups: Dance/movement professionals with advanced knowledge in any Indian Classical dance form.									
Study Areas, Modules and Courses *Module 1 and 2 not hierarchical		AGS	Min./ Week	Credit Points (CP) per semester					Grading Method
				Foundation + Immersion Year					
				S1	S2	S3	S4	Σ CP	
Study Area 1 Module 1	Module name: <i>FasciaNatya</i> Methodology*	15 Credit Points			Exam/Module Certification				
	LS Introduction <i>Bharata to Bartenieff</i> and Beyond	L 20	30	1.5				7	Successful participation. Practical test end of course
	Movement principles: Applying LMA/BF to Natya	G 8	45	5.5					
	Movement principles: Applying Fascia to Natya vocabulary	G 8	45		5			8	Successful participation. Module end exam
	<i>FasciaNatya</i> Principles in Teaching, Performance and Therapy (Practical Application Project)	S 8	60		3				
Study Area 2 Module 2	Module name: <i>CoreConcepts - emotive-kinetic.*</i>	9 Credit Points			Presentation end of module				
	LS From <i>Bhava to Rasa</i> : Emotions in Natyasastra in relation to Brain research	L 20	30			2		5	Successful participation. Practical test
	Movement expressive: Natya gestures in relation to LMA/ BF and fascia principles	G 8	30			3			
	<i>Cosmic Body</i> Concepts	G 12	30			1		1	Successful participation
	Practical application - <i>Sensing and Shaping</i> a narrative	S 8	30				3	3	Module end Presentation
Study Area 3 Module 3	Module name: Specialisation in Teaching/Pedagogy, Performance/Choreography or Dance/Movement Therapy	6 Credit Points			Diploma Thesis, written+practicals				
	Practical skills: Observation, analysis, facilitation	G 8	30				2	6	Written + Practical presentation
	Specialisation: Creating a teaching/practise routine, choreography, or therapy regime	S 8	60				4		
Total Credit Points				7	8	6	9	30	

Learning Outcome: WHAT WILL THEY BE ABLE TO DO AT THE END OF THIS MODULE**Module Description:****Name of Module: *FasciaNatya Methodology***

Learning outcome: Gain methodological tools for a modern global application of the rich traditional techniques and aesthetics in the vocabulary of Indian performing arts “Natya” by experientially and practically identifying and integrating several current approaches to movement. Participants will thereby gain insights in theory and practise (through self-observation/awareness and explorations) into primary movement principles from a functional and structural perspective, specifically as explicated in Laban Movement Analysis and Bartenieff Fundamentals - LMA/BF (neuromuscular Body organisation patterns and anatomical landmarks, Space factors such as spatial pulls and spatial intent, and Shape factors of Shape Flow and Shape Change), in relation to anatomy and behaviour of fascial structures (myofascial chains, buffer zones, etc.). Further areas introduced: Indian Cosmology, Yoga. At the end of the module they will be in a position to start applying the insights thus gained into the unique ***FasciaNatya Methodology*** to varied areas such as Performance/Choreography, Teaching/Pedagogy and Dance/Movement Therapy with focus on the extremely important notions of both movement effectivity and movement health.

Courses:

LS Introduction *Bharata to Bartenieff and Beyond*: Introduction to programme, theory of movement principles - LMA/BF, Fascia, Natya.

Movement principles: *Applying LMA/BF to Natya*: Functional-Structural principles of movement (LMA/BF) applied to Natya vocabulary.

Movement principles: *Applying Fascia to Natya vocabulary*: Fascia anatomy and behaviour, fascia conducive movement in Natya vocabulary

***FasciaNatya Principles in Teaching, Performance and Therapy*:** Exploring individual application areas, preparation of Practical Application Project, written+practical exam.

Module Courses	Course Type	Hours/Week	CP	Conditions for granting CP's	Offered	
LS Introduction <i>Bharata to Bartenieff and Beyond</i>.	L 20	0.5	1.5	Regular participation with feedback, Q&A on notes, understanding of theoretical framework.	Sem. 1	
Movement principles: <i>Applying LMA/BF to Natya</i>.	G 8	0.75	5.5	Regular participation with feedback/presentation of practical explorations, self-observation, analysis. Test (Practical).	Sem. 1	
Movement principles: <i>Applying Fascia to Natya vocabulay</i>.	G 8	0.75	5	Regular participation with feedback/presentation of practical explorations, self-observation, analysis. Test (Practical).	Sem. 2	
<i>FasciaNatya Principles in Teaching, Performance and Therapy. (Practical Application Project)</i>	S 8	1	3	Written+Practical assignment of Application to individual areas of interest - Teaching, Performance and/or Therapy. Exam, end of module.	Sem. 2	
Total Credit Points			15	Duration: 2 Semesters	Program: Bharata-to-Bartenieff Movement Studies	Frequency: Annual

Module Grading: Exam					
Workload Calculation	Total Hours	CP'S	Study Type	Calculation	Workload
LS Introduction <i>Bharata to Bartenieff</i> and Beyond.	45	1.5	Contact Teaching	15 SW x 0.5 hours	7.5
			Self Study	15 SW x 2.5 hours	37.5
Movement principles: Applying LMA/BF to Natya.	165	5.5	Contact Teaching	15 SW x 0.75 hours	11.25
			Self Study	15 SW x 10.25 hours	153.75
Movement principles: Applying Fascia to Natya vocabulary.	150	5	Contact Teaching	15 SW x 0.5 hours	7.5
			Self Study	15 SW x 9.5 hours	142.5
<i>FasciaNatya</i> Principles in Teaching, Performance and Therapy (Practical Application Project)	90	3	Contact Teaching	15 SW x 1 hours	15
			Self Study	15 SW x 5 hours	75
Total Workload for the Module					450

Learning Outcome: WHAT WILL THEY BE ABLE TO DO AT THE END OF THIS MODULE**Module Description:****Name of Module: CoreConcepts - emotive-kinetic.**

Learning outcome:, Participants will gain unique insights in theory and practise into emotions, their classification and physical manifestations from the perspective of both Indian performing arts (Natyasastra) and latest brain research. The central tenet of the *CoreConcepts* course is to finally enable a movement analytic and fascia-based inroad to deep emotive expressivity, the hallmark of Indian performing arts traditions. And learn tangible methodologies for using the highly subtle and differentiated emotive gestures in Natya in terms of expressive aspects of movement in relation to the functional-structural aspects (LMA/BF's Effort and Shape). This understanding of emergent movement in emotive-kinetic processes (notion of "Sensing&Shaping") is further enhanced through specialised insights into using a *differentiated* Core from the perspectives of Indian Cosmology and Yoga. By applying the *CoreConcepts* approach to create a narrative depiction, participants will be able to explore implications for performance, teaching/pedagogy and/or therapy- Key notions: Inner Connectivity<>Outer Expressivity, Function<>Expression, Emotional knowing.

Courses:

LS From Bhava to Rasa: Emotions in Natyasastra in relation to Brain research: Theory of emotions, two-fold notion of feelings, relevance of emotive meaning.

Movement expressive: Natya gestures in relation to LMA/BF and fascia principles: Emotive gestures, movement qualities, inner to outer notion of Sensing&Shaping.

Cosmic Body Concepts: Exploring movement from a *differentiated* Core - perspectives from Indian Cosmology and Yoga (five elements, chakras).

Practical application - Sensing and Shaping a narrative: Creating a narrative depiction for performance, teaching/pedagogy and/or therapy.

Module Courses	Course Type	Hours/Week	CP	Conditions for granting CP's	Offered	
LS From <i>Bhava to Rasa</i> : Emotions in Natyasastra in relation to Brain research.	L 20	0.5	2	Regular participation with feedback, Q&A on notes, understanding of theoretical framework.	Sem. 3	
Movement expressive: Natya gestures in relation to LMA/BF and fascia principles.	G 8	0.5	3	Regular participation with feedback/presentation of practical explorations, self-observation, analysis. Test (Practical).	Sem. 3	
<i>Cosmic Body Concepts</i> .	G 12	0.5	1	Practical explorations, self-observation, analysis.	Sem. 3	
Practical application - <i>Sensing and Shaping a narrative</i>	S 8	0.5	3	Concept for narrative, practical exploration - application of gestures, movement qualities, presentation	Sem. 4	
Total Credit Points			9	Duration: 2 Semesters	Program: Bharata-to-Bartenieff Movement Studies	Frequency: Annual

Module Grading: Presentation					
Workload Calculation	Total Hours	CP'S	Study Type	Calculation	Workload
From <i>Bhava</i> to <i>Rasa</i> : Emotions in Natyasastra in relation to Brain research	60	2	Contact Teaching	15 SW x 0.5 hours	7.5
			Self Study	15 SW x 3.5 hours	52.5
Movement expressive: Natya gestures in relation to LMA/BF and fascia principles	90	3	Contact Teaching	15 SW x 0.5 hours	7.5
			Self Study	15 SW x 5.5 hours	82.5
<i>Cosmic Body</i> Concepts	30	1	Contact Teaching	15 SW x 0.5 hours	7.5
			Self Study	15 SW x 1.5 hours	22.5
Practical application - <i>Sensing and Shaping</i> a narrative	90	3	Contact Teaching	15 SW x 0.5 hours	7.5
			Self Study	15 SW x 5.5 hours	82.5
Total Workload for the Module					270

Learning Outcome: WHAT WILL THEY BE ABLE TO DO AT THE END OF THIS MODULE**Module Description:****Name of Module: Specialisation in Teaching/Pedagogy, Performance/Choreography or Dance/Movement Therapy**

Learning outcome: This module is aimed at honing into practical skills for specialisation in the Bharata-to-Bartenieff Dance&Movement Studies programme. By gaining enhanced skills in complex movement observation, analysis and facilitation, self-to-other, participants will learn to create practise and/or teaching routines, therapy procedures or choreographies depending upon their primary chosen area of application. At the end they will be equipped with tools and methodologies to integrate all three areas informing each other in their professional pursuits with Natya in a global set-up. For instance, how innate qualities of fluid precision and deep expressivity in the performative aesthetics of Indian traditions can inform all areas of application, from therapy to pedagogy.

Courses:

Practical skills:Observation, analysis, facilitation: Skill drill - movement observation and analytical skills for corrective measures in movement facilitation.

Specialisation: Creating a teaching/practise routine, choreography, and/or therapy regime: Individual practical methodologies for specialisation in chosen primary area.

Module Courses	Course Type	Hours/Week	CP	Conditions for granting CP's	Offered
Practical skills: Observation, analysis, facilitation.	S 8	0.5	2	Full participation, feedback on self-explorations, ability to observe, verbalise and offer inputs for movement facilitation.	Sem. 4
Specialisation: Creating a teaching/ practise routine, choreography, and/or therapy regime.	S 8	1	4	Full participation with regular presentation of explorations in chosen primary area of application, timely preparation of final assignment in written and practical format.	Sem. 4
Total Credit Points			6	Duration: 1 Semester	Program: Bharata-to-Bartenieff Movement Studies
					Frequency: As needed!

Module Grading: Diploma thesis					
Workload Calculation	Total Hours	CP'S	Study Type	Calculation	Workload
Practical skills: Observation, analysis, facilitation	60	2	Contact Teaching	15 SW x 0.5 hours	7.5
			Self Study	15 SW x 3.5 hours	52.5
Specialisation: Creating a teaching/ practise routine, choreography, or therapy regime	120	4	Contact Teaching	15 SW x 1 hours	15
			Self Study	15 SW x 7 hours	105
Total Workload for the Module					180